



SUMMARY:

How do you lead when you experience seasons of unexpected disappointment, betrayal and loss? In this episode, activist and author Christine Caine talks with Jeff Lockyer about her book *Unexpected* and the journey that prompted it. She shares how giving up the façade of control brought her closer to God and why she didn't quit. She also explores the practical steps leaders should take to bring about the calm resolve needed to move forward and lead from a healthier place.

KEY TAKEAWAYS:

- Christine wrote *Unexpected* when she faced three unexpected events in her own life: 1) a cancer diagnosis, 2) her mother's death and 3) betrayal by a friend.
- In times of change and chaos, leaders need to lean on God who is always faithful.
- What is unexpected to us is not unexpected to God.
- If He called you to it, He will sustain you through it.
- If we can learn lessons from the storms and not get derailed by them, we'll come out the other side even stronger.
- When leaders waiver, followers waiver.
- Leaders can confuse leadership with control. Your confidence needs to be anchored in the bedrock of Jesus.
- The job of a leader is to absorb chaos so that others can thrive.
- In the anti-trafficking world, the situation is volatile and conditions change every day. There are certain things you can control, but at the end of the day, your confidence needs to be grounded in Christ.
- You can't lead from an ivory tower.
- Our battle is not against flesh and blood. You can contend with a lot of unexpected things when in your prayer closet.
- The antidote to control is trusting God.
- Disappointment is a form of the unexpected that is uniquely difficult for leaders.
- People are the greatest blessing and also the greatest disappointment.
- Your resilience is going to take you further in your leadership than your gift ever will.
- You've got to keep dealing with your inner wounds.
- Surround yourself with great people who can speak into your life.
- To navigate the unexpected, you need people who think differently from you.
- Do whatever it takes to keep chaos out of your heart so that the peace of God is what actually resides there.
- God knew the times we would be living in, and he positioned us in time to be Christ-like leaders for our generation.

REFLECTION QUESTIONS:

1. Christine Caine said that leaders must be prepared for the unexpected to lead others through it. Do you pro-actively consider unexpected problems that could face your organization? If not, identify three potential problems and develop a plan to lead through them.
2. According to Caine, resilience is a make-or-break skill to lead through the unexpected. The qualities that build resilience include *patience, determination, flexibility, gratitude* and *self-awareness*. What can you do during "expected times" to build on those qualities in yourself and in your team for "unexpected times?"
3. Think about your inner circle. Who are they? Do they bring enough strength, diversity and capacity to help you process things that you can't?

RESOURCES MENTIONED:

[Wheaton College](#)
[Pa Tong, Thailand](#)
[Ukraine](#)



[Thyroid Cancer](#)

[Wall Street](#)

[I Corinthians 15:58](#)

[Exodus 18](#)

[Moses](#)

[Jethro](#)

[Ephesians 6:10-20](#)

[Prayer Closet](#)

[Caleb](#)

[Joshua](#)

[Mount Hebron](#)

[Navy Seals](#)

[“Hell Week” for Navy Seals](#)

[Netflix](#)

[Proverbs 4:23](#)

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